

# BELIEVE IMPACT REPORT 2024



## **BELIEVE**

### **Phone**

01606 557 666

### **Email**

[referrals@motherwellcheshirecio.com](mailto:referrals@motherwellcheshirecio.com)

### **Website**

[www.believe-motherwell.co.uk](http://www.believe-motherwell.co.uk)

### **Address**

54-64 Beech Drive, Crewe, CW2 8RG



# WHAT IS BELIEVE?

## VISION

To amplify voices for mums navigating the court and social care system.

To advocate for meaningful change and empower them to sustain positive changes in their daily lives.

## MISSION

### ENCOURAGE

To encourage mums' emotional wellbeing and personal growth, fostering self-belief and self-worth.

### INSPIRE

To inspire mums to embrace positive changes and decision making for the future, in order to set new, achievable and positive life goals and aspirations.

### EMPOWER

To empower mums by providing a safe and supportive space, giving women the freedom to explore their own feelings, abilities, confidence and expectations.

I wouldn't be here today if it wasn't for the support I had from the Believe Project. Thanks you

The Believe Advocate is meeting a Mum for a chat today.



Believe Mums are Supported by talking about how things are going, how they are feeling and preparing them for the challenges ahead.

Communication is always good and I feel comfortable talking to my Advocate.



# MEET THE TEAM



**DONNA DAVENPORT**

My name is Donna, and I was delighted to have joined Motherwell Cheshire as the Believe Project Support Worker. The Believe Programme is very unique. We aim to be the “Voice” of mums whose child/ren are subject to a Child Protection Plan. Within my role, I am able to offer emotional and practical support including accompanying mums to all social care meetings.

Each mum will have their own bespoke support plan that is personal to them. The plan is devised from our very own Well-being Flower, this is the core of the Believe Support. It helps women to evaluate themselves and to identify the areas they need to make changes, which empowers them to take control by adapting strategies which suits their needs.



**JOSIE AALLUN**

My name is Jo, I am a Believe Project Support Worker, offering practical and emotional support to women whose children (or child) are the subject of a Child Protection Plan. I help them to believe in themselves and their abilities that is what The Believe Programme is all about.

As a Believe Support Worker, my aim is to empower and encourage each Mum to make positive changes in lifestyle and take ownership and control of their lives, through a bespoke, personal plan.

The women who progress through the programme are inspirational and give hope to others. Empowering women to achieve their dreams and aspirations is embedded in the Believe ethos.

# CASE STUDY

## AMAYA'S\* STORY

Amaya fled from her husband who subjected her to physical, mental, and sexual abuse after the death of her first born child (a son) at 8 weeks and subjected her daughter to neglect. She was housed in a refuge property in the local area.

With no family in this country or friends and feeling isolated and afraid of the Pakistani community and the stigma attached to the death of her first child and to leaving the abusive relationship, Amaya contemplated suicide. She was afraid to leave the house in case she met her husband or friends of her husband.

In addition to these issues her immigration status ran out in 2025 and she was terrified of being returned to Pakistan and ritual punishment etc.

Because of the neglect issues a CIN order was implemented and support for Amaya was put into place. She willingly engaged in the support programmes and gained confidence in her own abilities to parent her daughter.

Amaya has worked hard on the Believe programme to ensure she and her daughter are safe and thriving independently of her family/husband and their cultural influences.

Through the Believe project she has accessed the activities at The Wishing Well centre, started to paint and express herself, accessed the library toddlers sessions and started to rebuild her life. She recognises she still has a long way to go and wants to find a job in the NHS to enable her to financially support herself and daughter in the future.

After the support from the Believe project Amaya no longer feels isolated, has more confidence and enjoys the relationship developing with her daughter. The feedback from the agencies involved including Believe is positive and in the next few months the CIN order is likely to be removed.

Amaya is more aware of what a healthy relationship looks like and is able to spot “red flag” dangers when meeting people. Her mental health has improved as recorded on her WEMWBS score gaining 11 points and her Wellbeing Flower increasing by 7.

Amaya continues to work with the Believe Support worker but now instead of having suicidal thoughts, she is optimistic about her future.

**\* Name has been changed for the purposes of confidentiality.**

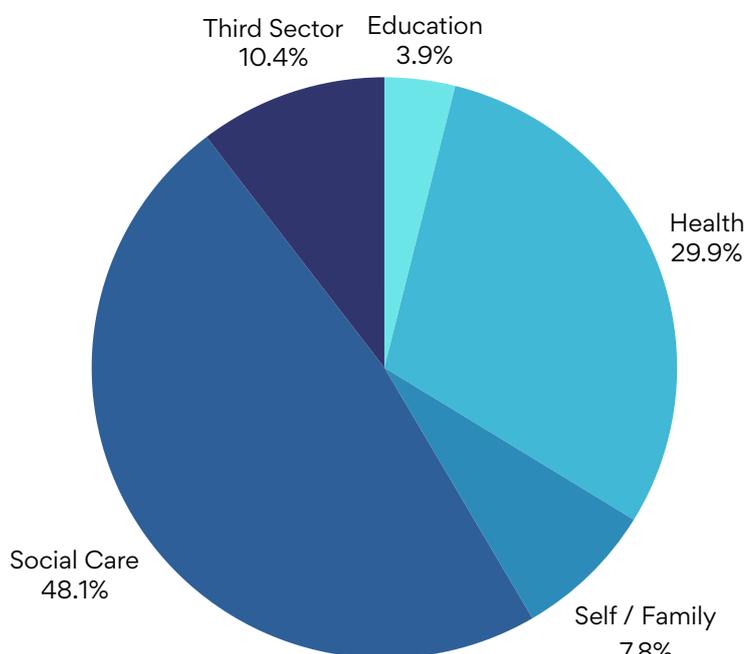
# OUR IMPACT 23-24



Believe's highlights of the year have been:

- We have raised the profile of the Believe Project in the community.
- We have made more links with organisations working collaboratively and sharing good practice.
- We work with the Midwives at Leighton Hospital to intervene with mums whose children are born in to care at an earlier stage and are involved in distributing Hope Boxes.
- We now signpost to legal advisors and to CAP for more specialised advice.
- Ambassador Training has enabled more volunteers to contribute to empowering our mums.

## BELIEVE REFERRERS



**Our referrals come from a range of sectors across Cheshire East & Cheshire West & Chester. Professionals and individuals can refer via our website, by telephone or by emailing us directly.**

# WHY VOLUNTEER?

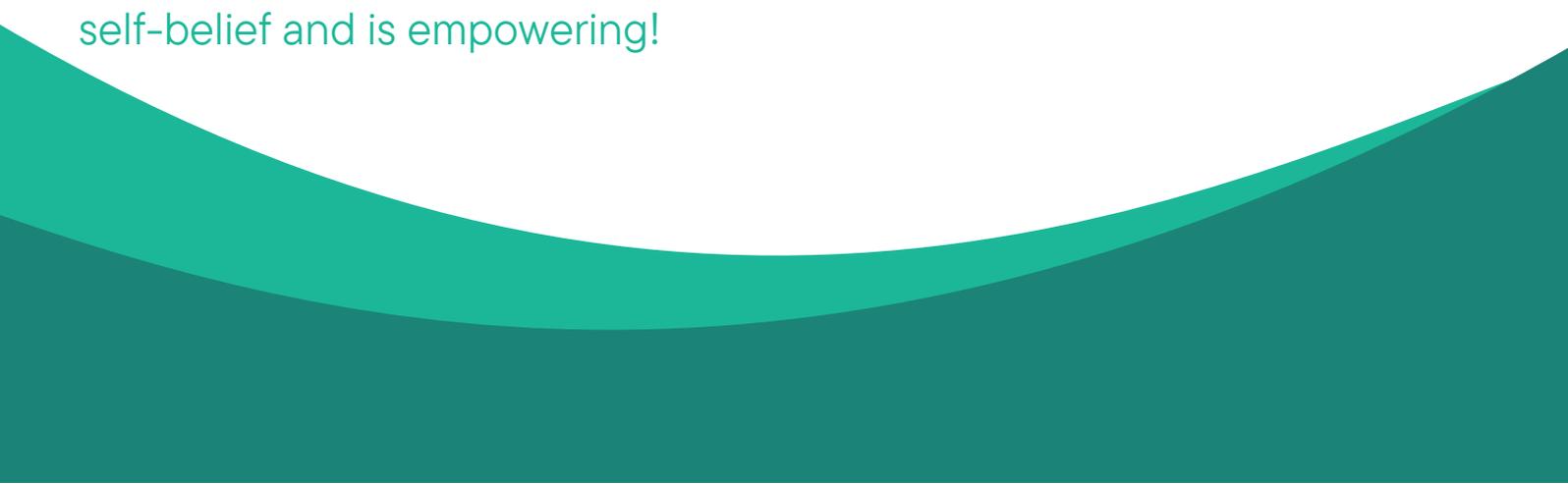
Some of the mums who are supported by the Believe Project have been out of work and education for some time; building their confidence in getting a job and being financially independent is a challenging step for them to make. Issues of education ability, skills, qualifications, writing a CV or attending an interview seem insurmountable mountains to climb.

As part of their individual plan, the support worker will help them write a CV, talk them through the interview process or signpost them to outside agencies to investigate free courses or qualifications to enhance their chances of employment.

However, as an interim step, to get them used to going out into the workforce, many of our mums volunteer to help the Motherwell charity - especially in the Community Share Hub where they come into contact with the general public and refresh skills they had forgotten they had.

Some mums have the confidence to appear in videos or have been interviewed by radio or television programmes like The One Show. They tell their own life experience of how they have been supported through the Believe Project and enabled to change their lives for the better.

Volunteering is the first step to challenging their own perceptions and self-belief and is empowering!



# MOVING FORWARD

## BELIEVE COMMUNITY OF PRACTICE

The role of this newly-formed group is to bring together as many people involved in the care of mums whose children are Born into Care, have a Child Protection or Child in Need Order in place, or have had their child removed.

The purpose of the group is to share good practices with each other, talk about trends that may be observed and to keep up to date with legislation relating to different agencies. Through this we will share new initiatives, lessons learned through experiences and support each other in our individual roles.

It is our aim to be proactive in influencing changes to the courts and social care systems at a national level. We will continue to support our mums as they make significant changes to their lives at such a difficult time.

The group is open to anyone who has experienced child removal or works directly with mums who have been or are in the process of going through this situation.

# LOOKING TO THE FUTURE

## FUTURE PLANS

The future is looking exciting as we have many ideas on how to expand and grow the Believe Project.

Firstly we are looking at opening an office in Ellesmere Port as there is a great need for mums to have support through the Child Protection process. Recruitment and training is in hand.

In addition to this expansion, we are looking to train more Believe Ambassadors to work in the community.

We are working with partners on our newly formed Community of Practice to share best and new practices when supporting mums at risk of child removal.



## THANK YOU TO OUR FUNDERS



*Steve Morgan*  
FOUNDATION

