



events administration <events@her-place.co.uk>

HER June Newsletter

1 message

events administration <events@her-place.co.uk>
To: events administration <events@her-place.co.uk>

15 June 2026 at 16:14



Her-Place Charitable Trust



A future where every woman and girl is encouraged, inspired, and empowered to realise HER unique potential and to live a life full of purpose, and fulfilment.

[Instagram](#)

[Facebook](#)

[Website](#)

[Podcast](#)

What's on?



Wellbeing Groups

From crochet and walking netball to domestic abuse recovery, we have something for everyone.

Take action for your mental health and join one of our empowering groups today!

More information below.

[Click here for our groups](#)



Drop Ins

Free services where you can get advice, support or chase up some queries with your local support services including family court solicitors, PCSOs and housing trusts.

More information below.

[Click here for our drop-ins](#)



Events

We love hosting community events that inspire connection. We have fun, educational and empowering events coming up!

More information below.

[Click here for events](#)

Community Share Hub is going on tour!

Baby Bank and Hub Community Tour

**FREE Baby Clothes
and Family Support**

Come down to our Baby Bank and Hub Pop Up to grab baby clothes (up to 2 years) and to find out what else we can offer you including;

School uniform (branded and unbranded)

P.E kit and football boots

Prom dresses and suits

Baby baths, bouncers, cots, Moses baskets, prams etc.

...AND MORE!

All Families Welcome!

Baby Bounce at Crewe Library

10am-12pm, Wed 27th May

Rhyme Time at Nantwich Library

10:30am-12pm, Thurs 11th June

Stepping Stone Baby & Toddler Group at Joey the Swan

9:30am-11am, Wed 10th June

Rhyme Time at Sandbach Library

10:30am-11am, Wed 17th June



Free Baby Clothes and Family Support!

We can support local families with free preloved baby clothes, school uniform, prom dresses and much more!

By sharing quality items within our community, we



What to Expect:

- Free preloved baby clothes
- Family support & information
- Chance to order pre-loved school uniform
- Sign up to wellbeing groups, peer support groups and community events

All families welcome

Click the links below to find out more.

Nantwich Library

Joey the Swan - Crewe

can help families, reduce landfill and give clothes a second life

Sandbach Library

Our pop-ups are a welcoming space to browse, chat, connect and find out more about the support available through our Community Share Hub.

Together we can share more and waste less.

Events coming up!



FlourisHer x axess Pop Up

- Raising awareness of cervical screening and women's health
- Free sanitary products available, toiletries and bras
- Wellbeing goodies
- Items and support from axess
- Women's health information and literature
- Information about local services and support.



Lyceum Square, Heath Street, Crewe, CW1 2DA



Monday 15 June



12-2pm



FlourisHER X Axess Pop Up

It's Cervical Screening Week and we are teaming up with Axess to make women's health more accessible in Crewe!

Come along to our pop up for free sanitary products, guidance, wellbeing goodies and information on women's health and local support.

[Click here to find out more](#)



The poster for the Inspire Award workshops features a yellow background on the left and a purple background on the right, separated by a jagged, torn-paper-like line. At the top left, there is a logo with two hands holding a green circle, with the text 'INSPIRE HER' below it. The main title 'Inspire Award workshops' is in large, bold, dark blue letters. Below the title, there is a paragraph of text: 'Join us this summer for a series of workshops designed to help you complete our Inspire award and get a certificate.' Another paragraph follows: 'The Inspire award is designed to encourage, inspire and empower young woman and girls to try new things, build skills, confidence, and aspirations!' At the bottom left, the 'Her-Place' logo is shown with the text 'At the Her-Place Women's centre: Victoria St, Crewe CW1 2PU'. On the right side, a list of six sessions is provided, each with a date and time. At the bottom right, there is a graphic of the 'The Inspire Award' certificate and a vertical hashtag '#BeYourOwnInspiration'.

INSPIRE HER

Inspire Award workshops

Join us this summer for a series of workshops designed to help you complete our Inspire award and get a certificate.

The Inspire award is designed to encourage, inspire and empower young woman and girls to try new things, build skills, confidence, and aspirations!

At the Her-Place Women's centre:
Victoria St, Crewe
CW1 2PU

Session 1:
Wednesday 22nd July
The media and me & Body image
12-3pm

Session 2:
Wednesday 29th July
Physical activity
12-3pm

Session 3:
Wednesday 5th August
Campaigning & Fundraising
12-3pm

Session 4:
Wednesday 12th August
Money management & Influencing
12-3pm

Session 5:
Wednesday 19th August
Aspirations & Mindfulness
12-3pm

Session 6:
Friday 21st August
Awards certificate day
1-3pm

The Inspire Award

#BeYourOwnInspiration

Inspire Award Workshop

Do you want to boost your CV this summer?

The Inspire Award is designed to encourage, inspire and empower young women to try new things, build skills, confidence and aspirations!

From campaigning and activism to money management and mindfulness this 6 week workshop has everything!

[Click here to read the booklet](#)

Email Georgie@her-place.co.uk to enquire and/or sign up.

Period Dignity Cheshire



Do you know about our Period Dignity Project?

Access to these essentials should never be a barrier, together we can help to ensure that everyone in our community feels supported, respected and cared for.

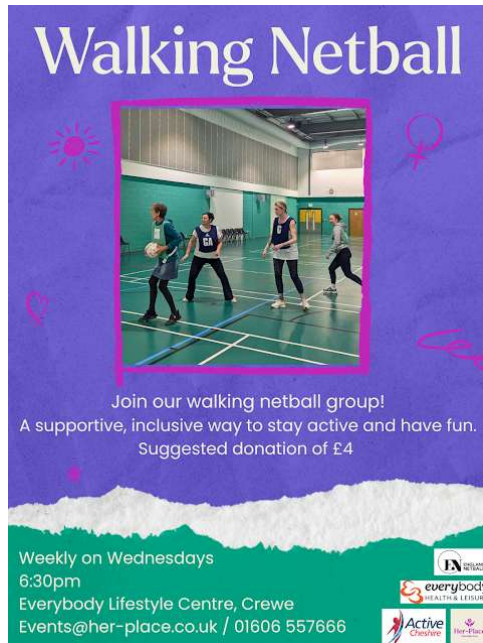
If you run or are part of a space such as: Community Centres, Warm Spaces, Activity Groups or Support Services

We would love to hear from you so we can provide free sanitary products to your service users

Get in touch today hub@her-place.co.uk



Her Wellbeing Groups



A poster for the 'Walking Netball' group. The top half has a purple background with the title 'Walking Netball' in white. Below the title is a photo of four women playing netball in a gym. The bottom half has a green background with white text. There are also some pink decorative elements like a sun and a woman's silhouette.

Walking Netball

Join our walking netball group!
A supportive, inclusive way to stay active and have fun.
Suggested donation of £4

Weekly on Wednesdays
6:30pm
Everybody Lifestyle Centre, Crewe
Events@her-place.co.uk / 01606 557666

Logos for 'everybody HEALTH & LEISURE' and 'Active Crewe' are visible at the bottom right.

At Her-Place we create safe spaces for women to find comfort, connection and support.

All of our wellbeing groups are a non-judgemental and welcoming space open to all women and girls.

No previous experience is needed for any groups and everything is provided for you including refreshments.

Get in touch today to meet new people and try something new!

Wellbeing@her-place.co.uk / 01606 557 666

HER Hub Winsford

Domestic Abuse Recovery Peer Support Group

Our women's peer support group provides a safe place to talk, connect, and find encouragement after experiences of domestic abuse. You don't have to go through this journey alone.

Fortnightly on Mondays 12pm-2pm
15 Finsbury Walk, Winsford, CW7 2YA

01606 557 666
Nyoka@her-place.co.uk

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Cherry Blossom

Infant loss and birth trauma support

Peer Support Group

Second Monday of every month

Join our safe, supportive, and welcoming online space to connect with other women who understand.

Led by Kate Blakemore, a qualified infant loss counsellor, this monthly group offers gentle peer support, understanding, and hope.

You are welcome here.

01606 557 666
Referrals@her-place.co.uk

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HER Hub Crewe




Crochet Group

Looking to learn a new skill, unwind and connect with like-minded women?
Join our crochet group!

No matter your experience come along to learn, create and enjoy a relaxing and supportive atmosphere.

Every Tuesday 10am-12pm

01606 557 666 / 07496 160 930
Wellbeing@her-place.co.uk
62 Beech Drive, Crewe, CW2 8RG

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HER Hub Winsford



Thread and Needle Sewing Group

Are you interested in learning the art of sewing? Whether you're a beginner or just want to refine your skills, join our sewing group!

This inclusive group is open to all and we'll provide all of the materials and equipment you need. Come along and give it a try!

Bi-weekly on Wednesdays 10am-12pm
Please contact for exact dates

01606 557 666 / 07496 160 930
Wellbeing@her-place.co.uk
15-17 Finsbury Walk, Winsford, CW7 2YA

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'Bottoms Up' Rounders Group



Every Tuesday evening

Matches start either 6:30pm, 7:15pm or 8pm

Legends, Sunnybank Road, Crewe

Players needed, no experience needed!

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HER Hub Winsford



Crochet Group

Looking to learn a new skill, unwind and connect with like-minded women?
No matter your experience come along to learn, create and enjoy a relaxing and supportive atmosphere.

Bi-weekly on Wednesdays 12:30pm-2:30pm
Please contact for exact dates

01606 557 666 / 07496 160 930
Wellbeing@her-place.co.uk
15-17 Finsbury Walk, Winsford, CW7 2YA

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Out in the Community

We love meeting people out in the community, come along to one of these events and say hello!



MIDDLEWICH HEALTH AND WELLBEING EVENT

Willowmere Retirement Home
East Road, Middlewich, CW10 9PY
Tuesday 23rd June
9AM - 1PM

COME ALONG TO OUR INFORMATION EVENT TO FIND OUT ABOUT ORGANISATIONS WHO CAN SUPPORT YOU WITH YOUR HEALTH AND WELLBEING. EVERYONE WELCOME.

Organisations attending :

-HEALTHIER FUTURES	-DEMENTIA REABLEMENT
-GREEN DOCTOR	-HEALTH WATCH
-CHESHIRE EAST	-SOCIAL PRESCRIBERS
COUNCIL FAMILY HUB	-ONE YOU CHESHIRE EAST
-NHS BOWEL SCREENING	-HER PLACE
-GREEN ANGELS	-CITIZENS ADVICE
-DSN	-RIGHT AT HOME
-LOVE FOOD WASTE	-DEMENTIA FRIENDLY

Email:
PA.Smash@mchtnhs.uk





July Wellbeing Calendars

Join us on Facebook
Her Community

CHESHIRE
EAST

WELLBEING CALENDAR – JULY 2026

For more information visit website:
<https://www.her-place.co.uk>, text us on
07496 160930 or email referrals@her-place.co.uk

Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
	Our Sustainable Summer Campaign!  Scan to find out more	01	02	03 Nantwich Women's Health Roadshow 1pm-5pm Nantwich Civic Hall	04 Crewe Day Festival 12pm-6pm Crewe Town Centre	05
06	07 Crochet Group 10am-12pm 64 Beech Drive, Crewe, CW2 8RG	08	09	10	11	12
13 Cherry Blossom Online Peer Support Group 6:30pm-7:30pm	14 Crochet Group 10am-12pm 64 Beech Drive, Crewe, CW2 8RG Guinness Resident's Drop In 10am-11am 64 Beech Drive, Crewe, CW2 8RG	15	16	17	18 Nantwich Pride 9am-3pm Nantwich Town Centre	19
20	21	22 Inspire Award Workshop 12pm-3pm Crewe Women's Centre Unit 7, Victoria Centre, Crewe	23	24 INTERNATIONAL SELF-CARE DAY	25	26
27	28	29 Inspire Award Workshop 12pm-3pm Crewe Women's Centre Unit 7, Victoria Centre, Crewe	30 Community Fun Day 1pm-4pm Cloughton Field, Crewe, CW2 6EZ	31 COMMUNITY SHARE HUB COLLECTIONS ONLY OPEN MONDAY-THURSDAY 9AM-4PM 64 BEECH DRIVE, CREWE, CW2 8RG	 	

HER-PLACE CHARITABLE TRUST

OPEN TO ALL WOMEN & GIRLS 13+

SCAN QR TO SEE ACTIVITY DETAILS

Join us on Facebook
Her Community

CHESHIRE
WEST

WELLBEING CALENDAR – JULY 2026

For more information visit website:
<https://www.her-place.co.uk>, text us on
07495 160930 or email referrals@her-place.co.uk

Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
	Our Sustainable Summer Campaign!  <i>Scan to find out more</i>	01 Thread and Needle Sewing Group 10am-12pm 15 Finsbury Walk, Winsford, CW7 2YA	02	03	04	05
06 Domestic Abuse Recovery Peer Support Group 12pm-2pm 15 Finsbury Walk, Winsford, CW7 2YA	07	08 Crechet 10am-12pm 15 Finsbury Walk, Winsford, CW7 2YA	09 COMMUNITY LAUNDERETTE OPEN EVERY THURSDAY 11:30AM-3PM 15 FINSBURY WALK, WINSFORD, CW7 2YA	10	11	12
13 Cherry Blossom Online Peer Support Group 6.30pm-7.30pm	14	15 PCSO Drop In 11am-12pm 15 Finsbury Walk, Winsford, CW7 2YA	16	17	18	19
20	21 COMMUNITY LAUNDERETTE OPEN EVERY TUESDAY 9:30AM-2PM	22 COMMUNITY LAUNDERETTE OPEN EVERY WEDNESDAY 9:30AM-2PM 15 FINSBURY WALK, WINSFORD, CW7 2YA	23	24 INTERNATIONAL SELF-CARE DAY	25	26
27	28 Lewis Rogers Legal Advice Drop In 1pm-3pm 15 Finsbury Walk, Winsford, CW7 2YA	29 Early Help Navigator & Weaver Vale Drop In 10am-12pm 15 Finsbury Walk, Winsford, CW7 2YA	30	31	 	

HER-PLACE CHARITABLE TRUST

OPEN TO ALL WOMEN & GIRLS 13+

SCAN QR TO SEE ACTIVITY DETAILS

**Thank you for your continued support and dedication to Her-Place Charitable Trust.
Together, we are making a difference, one step at a time. We look forward to seeing
you at our events and hearing your feedback on our initiatives.**

**Warm regards,
The Her-Place Charitable Trust team**

**54-64 Beech Drive,
Mistaston, Crewe,
CW2 8RG**



**15-17 Finsbury Walk
Winsford
CW7 2YJ**

17 attachments



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Warm regards,
The Her-Place Charitable Trust team

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16-14 Beech Drive,
Widmore, Gwent
NP23 5RD

Her-Place
Charitable Trust
Charity Number: 1179552

15-17 Finsbury Walk
Windsor
CW7 2YH